



UNIVERSITY OF MYSORE

Department of Studies in Psychology

In collaboration with

University of Mysore Psychology Alumni Association

As a part of the Centenary Year Celebration is organizing



TWO DAY INTERNATIONAL CONFERENCE

100 PLUS YEARS OF PSYCHOLOGY

Reflections & Moving Forward



7 & 8, MAR 2025



DOS in Psychology
University of Mysore
Manasagangothri, Mysuru 570006



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Prof. LOKANATH N. K.

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Dr. Rushi Tamanna

Head, Dept. of Clinical Psychology, AIISH, Mysuru

Key Speakers



Dr. Sanjana Kiran

Sports Psychologist, Performance Psychologist,
Director A-Game, Singapore

Topic : Psychology in Performance Ecosystem



Prof. Prathap Rath

Professor, Centre of Advanced Study in Psychology,
Utkal University, Bhubaneswar

Topic : Right to Life with Dignity & Human Development



Prof. Mewa Singh

Distinguished Life Long Professor of Psychology,
Institute of Excellence, University of Mysore

Topic : Emergence of New Behaviour & Skills Insight
from Working on Urbanised Monkeys



Dr. Keshav Kumar J.

Department of Clinical Psychology, NIMHANS, Bengaluru

Topic : Neuropsychology : Applications & Advances



Dr. Leslee Lazar

Associate Teaching Professor, Department of Cognitive
and Brain Sciences, IIT Gandhinagar, Gujarat

Topic : Exploring Multisensory Perception from Tactile Senses



Prof. Kiran Kumar Salagame

Former Professor of Psychology, University of Mysore

Topic: Indian Psychology in the Global Context



Mr. Sumit Dutta

Psychologist, Counsellor and Mental Health Trainer –
School Counsellor, Thailand

Topic : Focus on Life Skills in School Education



Dr. Prakash P.

Former Professor, DoS in Psychology, University of Mysore

Topic : Language & Cognition



Dr. Vijayalakshmi Aminabhavi

Former Professor of Psychology, Karnataka University, Dharwad

Topic : Equipping with Changing Work Culture

Conference Overview

The Department of Studies in Psychology, University of Mysore in collaboration with University of Mysore Psychology Alumni Association proudly announces Two-day International Conference, "100 plus Years of Psychology: Reflections and moving forward", to mark its Centenary Year Celebration. This landmark event brings together leading professionals, researchers and students from around the globe to commemorate a century of psychological inquiry and chart the course for the future of the discipline. As we stand at the threshold of a new era in psychological science, this conference serves as a platform to honour our rich history, showcase cutting-edge research and explore innovative approaches that will shape the field in the years to come.

Sub-themes

- 1 Psychology, AI and Cognitive Science.
- 2 Mental Health in 21st Century: Challenges and Innovations
- 3 The Evolution of Psychological Thought: A Global Perspective
- 4 Bridging Science and Practice in Contemporary Psychology
- 5 Cultural Diversity and Indigenous Psychology
- 6 Technological Advancements and Digital Psychology
- 7 Cognitive Psychology: From Laboratory to Real-World Applications
- 8 Indian Philosophy and Psychology
- 9 Forensic Psychology in India
- 10 Environmental Psychology and Sustainable Development
- 11 The Role of Psychology in Addressing Global Challenges
- 12 Linguistics and Psychology
- 13 Advancements in Health Psychology
- 14 Trends in Positive Psychology
- 15 Industrial Psychology in Technological era

** Participants can also submit abstracts other than the ones mentioned in the subthemes pertaining to the scope of the conference.*

Conference Highlights

Special Centenary Session : Celebrating 100 years of the Department of Psychology, University of Mysore

Oral (online and in person) and Poster Presentations : Showcasing innovative research from established and emerging scholars.

Panel Discussions : Exploring critical issues in contemporary psychology

Networking Events : Opportunities for collaboration and knowledge exchange

Awards and Felicitation Ceremony : Recognizing outstanding contributions to the field

Pre-Conference Workshops

Call for Abstracts

We invite abstracts pertaining to the themes and scope of the conference. Abstracts should demonstrate originality and significance to the field.

Submission Deadline: 25th February, 2025

Notification of Acceptance: 28th February, 2025

Submission guidelines: Abstract should include introduction, method, results, conclusion, and implications in brief with 4-5 Keywords. Follow APA 7th Edition format. Font: Times New Roman, size: 12, Word limit: 300 words. Best paper award will be given in each scientific session.

Submit Abstract to: uompsy100@gmail.com

Selected papers will be published in peer reviewed Journal or edited ISBN book later.

Poster Presentations

Use a clear, concise title with authors' names and affiliations. Font: Times New Roman, word limit: 400-500 words, organize sections: Brief Introduction, Method, Visual Representation of Results, Discussion, Conclusion, Implications and References (5-10 references in APA format).

Incorporate high-quality visuals, a professional colour scheme and prioritize readability

About the University of Mysore

Established in 1916, the University of Mysore stands as a beacon of academic excellence in India. As the first university in Karnataka and the sixth oldest in India, it has consistently ranked among the top institutions in the country. The university's commitment to innovation, research and social responsibility has produced numerous distinguished alumni who have made significant contributions across various fields.



The Department of Psychology : A Century of Excellence

The second oldest Department in India, founded in 1924, the Department of Psychology at the University of Mysore has been at the forefront of psychological education, research and practice in India for a century. Our department is renowned for : Distinguished Faculty Home to nationally and internationally recognized experts in various psychological sub disciplines

Community Impact

Operating a psychological service centre that serves both the university and the wider community.

Global Collaborations

Fostering international partnerships to promote global perspectives in psychology.

Excellent Research Contributions

Under National and International projects, funds, fellowships, publications, etc.

About UOMPAA

The University of Mysore Psychology Alumni Association (UOMPAA), an initiative of Prof. Sampathkumar was established in 2023 to commemorate the Centenary legacy of the DOS in Psychology that has sent out eminent scholars in the field across the globe. UOMPAA serves as a platform to connect alumni members with the department, fostering collaboration, engagement and the sharing of knowledge with the budding psychologists. It also cherishes the footprints left by visionary alumni of the department, strengthening the bond between past and present members of the department.



About Mysuru

Mysuru, known as the "City of Palaces" and the "Cultural Capital of Karnataka," is a city rich in history and culture. Famous for its stunning palaces, museums, art galleries, and temples, Mysuru offers a glimpse into its royal past. Over the years, Mysuru has also emerged as an important educational center, all while maintaining its strong cultural roots. It's a perfect destination for history, nature and culture lovers. Key attractions include the beautiful Mysuru Palace, the famous Chamundeshwari Temple on Chamundi Hill, the peaceful KRS Dam, the lively Jayachamarajendra Zoo and the Ranganathittu Bird Sanctuary.



Chief Advisor

Prof. Mewa Singh Distinguished Life-Long Professor

Advisory Committee

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Dr. Chandrakanth Jamadar, Professor, Dept. of Psychology, GFGC, Kalburgi
Dr. Sanjeev Kumar Gupta, Clinical Psychologist AIISH, Mysuru

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Dr. Jeril Joy, Director, Mangroves Well-being, Kerala
Mr. Johnson W S, Assistant Professor, Dept. of Psychology, Christ College Mysuru
Dr. Pramod Kumar A, Freelance Psychologist, Bengaluru
Dr. Karibasappa C. N., Special Educator, USA
Ms. Ekata Shankarnarayan Bhat, Research Scholar, DOS in Psychology, UOM, MGM
Mr. Sachin H.S., Ex-officio, DOS in Psychology, UOM, MGM

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Mrs. Lakshmi, Office Staff
Mrs. Roopadevi G., Clerical Staff

Mr. Lokesha H.S., Clerical Staff
Mrs. Sumitra C., Data Operator
Mrs. Raisely A.R., Lab Assistant

Registration

Category	Early Bird (25-02-2025)	Standard (28-02-2025)	On-Spot
Professional	2000	2500	3000
Research Scholars	1500	2000	2500
Students / Alumni Members	1000	1200	1500
Participation / Accompanying Persons	1000	1500	2000
Online Participation	800	1000	-

Register online at: <https://forms.gle/1HBVKGv82epWo2fy6>

Scan for Registration



Scan for Payment



Accommodation

Shared accommodation will be provided based on first come, first serve basis on additional charges

FOR ENQUIRIES CONTACT

Mail ID: uompsy100@gmail.com
Mob: Dr. Krishnamurthy V. S. - 9036705997 Dr. Shyam H R. - 9986866428
Website: <https://uompsy100.netlify.app/>

Join us for this historic gathering,
we honor the past, celebrate the present and shape the future of psychology

You are Cordially invited

**Chairman, Faculty, Research Scholars, Non- teaching faculty & Students,
DoS in Psychology, UoM, MGM
All members of UoMPAA**

Pre-Conference Workshops

On the occasion of international conference, we are organizing following pre-conference workshops for the benefit of the participants to enhance their skill.

Pre-conference Workshop 1 : Basic Skills in School Counseling by Mr. Sumit Dutta Psychologist, Counsellor & Mental Health Trainer, School Counsellor, Thailand



Mental health is vital but often misunderstood due to myths and taboos. Basic Skills in Counseling (BSiC) helps raise awareness, especially post-COVID. By focusing on personal counseling, BSiC empowers individuals to address their own issues, promoting well-being and enabling greater involvement in academia, activism, and advocacy in mental health. This approach fosters a stronger, healthier society overall.

Pre-conference Workshop 2 : Grief Therapy by Mr. Dinakaran P., Clinical Psychologist, Vistara Foundation, Chennai



Grief is a universal experience, but it varies for each person and situation. There's no set timeline or blueprint for processing loss. Factors such as the nature of the death can influence how someone grieves. Resolving grief is crucial for emotional well-being. In this workshop, Mr. Dinakaran, an experienced RCI registered clinical psychologist, will share his expertise in treating grief, offering valuable insights for participants.

Pre-conference Workshop 3 : Psychotraumatology & EMDR Therapy by Dr. Shyam H. R. & Ms Nithya H M



Approach to treat trauma in various psychological disorders is necessary for Emotional Wellness. EMDR is like a gentle reset button for your brain's traumatic memories. Using bilateral stimulation (typically side-to-side eye movements), this therapy helps your brain reprocess difficult experiences, transforming how traumatic memories are stored. This workshop will introduce participants to Traumatology and EMDR.

EMDR is a psychotherapy designed to resolve symptoms from unresolved life experiences. It uses a structured approach to address past, present, and future trauma, integrating elements of various psychological therapies. EMDR is effective for both children and adults, treating behavioural, emotional, and interpersonal issues, as well as trauma from disasters. Dr. Shyam H. R. is an Assistant Professor and RCI registered Clinical Psychologist in GFGCW K R Pete. He has been practicing for the past 10 years. He will be conducting Workshop on psychotraumatology.

Ms Nithya H M is Assistant Professor and RCI registered Clinical Psychologist in Chengalpattu Medical College and Hospital Chengalpattu, Chennai TN. She has been practicing for the past 20 years and is an expert in EMDR.

Dr. Shyam H. R. is an Assistant Professor and RCI registered Clinical Psychologist in GFGCW K R Pete. He has been practicing for the past 10 years. He will be conducting Workshop on psychotraumatology

Ms Nithya H M is Assistant Professor and RCI registered Clinical Psychologist in Chengalpattu Medical College and Hospital Chengalpattu, Chennai TN. She has been practicing for the past 20 years and is an expert in EMDR.

REGISTRATION FEES

Basic Skills in School Counseling	Rs. 700
Grief Therapy	Rs. 700
Psychotraumatology & EMDR (Only for liscenced Clinical Psychologists & M.Phil. Trainees)	Rs. 800

<https://forms.gle/cczebTNwJEvDUD676>